



## Do you know of an Isolated Neighbour?

East Herts. District Council now have a Social Prescribing Officer, Kathrine Foy, working in this area. Her job entails signposting socially isolated individuals towards social clubs, sports activities/clubs and other clubs /societies where they may interact with other like-minded people. It is East Herts. Intention that a Mentor would be assigned to each individual to go with them to the first two or three meetings until they feel comfortable. Therefore, if you are aware of a neighbour who is socially isolated and does not get out much, please get in touch with Kathrine.

Her contact details are as follows:-

Email address : [kathrine.foy@eastherts.gov.uk](mailto:kathrine.foy@eastherts.gov.uk).

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